Comparative Regional Integration: Governance and Legal Models is a
ground-breaking comparative study on regional or supranational integration
through international and regional organizations. It provides the first
comprehensive and empirically based analysis of governance systems
by drawing on an original sample of eighty-five regional and international
organizations. The authors explain how and why different organizations
select specific governance processes and institutional choices, and
outline which legal instruments – regulatory, organizational or procedural
– are adopted to achieve integration. They reveal how different objectives
influence institutional design and the integration model, for example a free
trade area could insist on supremacy and refrain from adopting instruments
for indirect rule, while a political union would rather engage with all available
techniques. This ambitious work merges different backgrounds and
disciplines to provide researchers and practitioners with a unique toolbox
of institutional processes and legal mechanisms, and a classification of
different models of regional and international integration.

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